



Mariana Siqueiros Chavez

Contact

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 Marianasiqueiros_

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About me

I am a doctor completing my Social Service year, guided by a strong commitment to empathy, compassion, and service to others. I am a dedicated and passionate person who genuinely enjoys what I do. I am constantly driven to grow as a healthcare professional, while also believing that true growth extends beyond professional development and involves becoming a better human being.

Sports have always been an essential part of my life, helping me develop discipline, resilience, and perseverance. I strive to maintain a balance between my professional development and my physical, mental, and spiritual well-being, allowing me to bring my best self to everything I do and to the people around me.

Skills

- Leadership
- Critical Thinking
- Effective Communication
- Quick Learner
- Teamwork
- Effective Time Management

Personal Information

- **Date of Birth**
16/05/2002
Chihuahua, Chih.
24 años

Education

- **Elementary and Middle School**
Colegio Montessori de Chihuahua A.C. 2004-2017
- **High School**
Instituto la salle de chihuahua A.C. 2017-2020
- **Medical Degree — Médico Cirujano**
Universidad Autónoma de Guadalajara (UAG) 2021-2026
GPA: 9.6/10.0
- **Medical Internship – Hospital Ángeles Chihuahua**
July 2025 – July 2026
- **Social Service– Consejo Estatal de Trasplantes de Jalisco**
(Jalisco State Council for Transplants)

Additional Education

- **Co-Author of Scientific Publication – “Efficacy of Risankizumab in Moderate to Severe Psoriasis Considering Body Mass Index: A Scoping Review”** Cureus, 2026; 18(3).
October 2024 – 2026
- **Basic Life Support (BLS) Certification – American Heart Association (AHA)**
Hospital Ángeles Chihuahua | Training Center ID: ZL21331
November 2025 – November 2027
- **Advanced Cardiovascular Life Support (ACLS) Certification – American Heart Association (AHA)**
Hospital Ángeles Chihuahua | Training Center ID: ZL21331
November 2025 – November 2027

- “Stress Management for Wellness” Course
Certificate of Completion awarded for successfully completing the course taught by Holly Aguila, professor at Arizona State University, on behalf of Universidad Autónoma de Guadalajara. January – June 2024
- “Introduction to Human Communication” Course
Certificate of Completion awarded for successfully completing the course taught by Catalina Cayetano, professor at the School of Social and Behavioral Sciences, New College of Interdisciplinary Arts and Sciences, Arizona State University (ASU), in collaboration with Universidad Autónoma de Guadalajara. July – December 2024
- “Fundamentals of Wellness” Course
Certificate of Completion awarded for successfully completing the course taught by Maritza del Carmen Mudarra Vergara and Holly Aguila, professor at Arizona State University, on behalf of Universidad Autónoma de Guadalajara. July – December 2023
- Certificate of Participation – 2026 Medical Conference, Hospital Ángeles Chihuahua
Participated in continuing medical education sessions focused on acquiring evidence-based medical knowledge. April 2026
- “Psychological First Aid (PFA)” Course
Certificate of Completion awarded for successfully completing the course offered by the Universitat Autònoma de Barcelona in April 2025. The course covered fundamental strategies for providing immediate emotional support in crisis situations, using an evidence-based and person-centered approach. April 2025
- Attendee – XXI National Congress of Cardiology & 5th World Summit on Echocardiography
Certificate of Participation as an attendee at the event organized by the National Association of Cardiologists of Mexico (ANCAM).
Guadalajara, Jalisco, Mexico | October 30 – November 2, 2024
- Specialized Workshop Participant – Workshop No. 11: “Heart Failure”
Participated in a specialized workshop held as part of the XXI National Congress of Cardiology & 5th World Summit on Echocardiography, organized by the National Association of Cardiologists of Mexico (ANCAM).
Guadalajara, Jalisco, Mexico | October 30 – November 2, 2024
- Distinguished Student Recognition
Recognized as a distinguished student of the School of Medicine for the 2025-01 academic period, achieving a 9.71/10.0 GPA during the 8th semester. Awarded by the Academic and Health Sciences Vice Rectorate of Universidad Autónoma de Guadalajara.
- Distinguished Student Recognition
Recognized as a distinguished student of the School of Medicine for the 2024-02 academic period, achieving a 9.83/10.0 GPA during the 7th semester. Awarded by the Academic and Health Sciences Vice Rectorate of Universidad Autónoma de Guadalajara.

- Distinguished Student Recognition
 Recognized as a distinguished student of the School of Medicine for the 2023-02 academic period, achieving a 10.0/10.0 GPA during the 5th semester. Awarded by the Academic and Health Sciences Vice Rectorate of Universidad Autónoma de Guadalajara.
- Distinguished Student Recognition
 Recognized as a distinguished student of the School of Medicine for the 2022-01 academic period, achieving a 9.75/10.0 GPA during the 2nd semester. Awarded by the Academic and Health Sciences Vice Rectorate of Universidad Autónoma de Guadalajara.
- Distinguished Student Recognition
 Recognized as a distinguished student of the School of Medicine for the 2022-02 academic period, achieving a 9.5/10.0 GPA during the 3rd semester. Awarded by the Academic and Health Sciences Vice Rectorate of Universidad Autónoma de Guadalajara.
- Research Project – “Rewriting the Genetic Code: CRISPR-Cas9 and the Editing of Hereditary Information”
 Research project presented at ExpoCartel Fall 2022, organized by Universidad Autónoma de Guadalajara. Certificate of Participation awarded. November 9, 2022
- Research Project – “Cutting Cancer: The Potential of CRISPR-Cas9 as a Therapeutic Approach”
 Research project presented at ExpoCartel 2023, organized by Universidad Autónoma de Guadalajara. Certificate of Participation awarded. April 21, 2023
- Research Project – “Strengthening Natural Defenses: Monoclonal Antibodies, the Revolution of Modern Medicine”
 Research project presented as part of the Research Projects and ExpoCiencias Program at Universidad Autónoma de Guadalajara. March 10, 2024
- Research Project – “The Power of Ozempic: Beyond Diabetes to Effective Weight Loss”
 Research project presented as part of the Research Projects and ExpoCiencias Program at Universidad Autónoma de Guadalajara.
 October 16, 2023
- Focused Review – “Prevalence of Contraceptive Implant Use Among Adolescents in Mexico”
 Research project presented at ExpoCartel Fall 2024, organized by Universidad Autónoma de Guadalajara. Certificate of Participation awarded.
 October 2024
- Online Course – “Fundamentals of Anatomy and Basic Surgical Techniques”
 Online course offered by the Universidad del Rosario, Colombia, completed in August 2019. Certificate of Completion awarded. August 2019

- Certificate of Participation – Entrepreneurship and Innovation Program
Participated in the Entrepreneurship and Innovation Program offered by Proyecto T Chihuahua.
Chihuahua, Mexico | September 2019
- Online Course – “Essential Human Biology: Cells and Tissues”
Online course offered by The University of Adelaide, Australia, completed in July 2021. Certificate of Completion awarded.
July 2021
- Online Course – “The Science of Exercise”
Currently enrolled in the online course offered through Coursera by the University of Colorado.
- Master Class Participant – Arizona State University (ASU)
“Eating Under Pressure: Nutritional Drivers and Defenses Against Hypertension”
Participated in a master class focused on the relationship between nutrition, cardiovascular risk factors, and hypertension, covering evidence-based dietary strategies for the prevention and management of chronic diseases.
February 11, 2026

Clinical Experience

- Clínica de Medicina Familiar “Nuevo Vergel”, Guadalajara — Community Rotation, 2022
- Centro de Salud El Zapote, Zapopan — Clinical Rotation, 2023
- UMF No. 2 (ISSSTE), Guadalajara — Family Medicine, 2023
- Hospital Ángeles de Chihuahua — Emergency Medicine, 2023
- Hospital Ángeles de Chihuahua — Internal Medicine, 2024
- Hospital IMSS No. 110, Guadalajara — Gynecology and Pediatrics, 2024
- Cruz Roja, Puerto Vallarta — Emergency Medicine, 2025
- Hospital Ángeles Chihuahua — Undergraduate Medical Internship, July 2025 – July 2026
- Hospital Infantil de Especialidades de Chihuahua — Pediatrics, 2026
- Hospital General de Chihuahua “Dr. Salvador Zubirán Anchondo” — Gynecology, 2026
- Clínica de Medicina Familiar ISSSTE Chihuahua — Family Medicine, 2026
- Consejo Estatal de Trasplantes de Jalisco (CETRAJAL) — Medical Social Service, 2026–2027

Languages

- Spanish — Native
- English — C1 (Advanced; medical and conversational proficiency)
- French — A1 (Basic)

Additional Skills & Interests

- Competitive Swimming — 13 years (2007–2020)
- Yoga — Practicing for 11 years
- Yoga Alliance International Certification — Currently in progress
- Road Cycling
- Running
- Microsoft Office and Apple iWork
- Basic Graphic Design Skills
- Proficiency with Virtual Learning Platforms
- Effective Time Management and Multitasking
- Stress Management and Resilience in High-Demand Environments
- Wellness
- Discipline and Consistency Developed Through Sports and Medical Training